



الهيئة السعودية للتخصصات الصحية
Saudi Commission for Health Specialties

الجمعية العربية للغدد الصم و سكري الأطفال

ARAB SOCIETY FOR PAEDIATRIC
ENDOCRINOLOGY & DIABETES

7th Conference

5 - 7 DECEMBER, 2026

CROWNE PLAZA RIYADH RDC HOTEL RIYADH, KSA

Scientific Program



DAY 1
SATURDAY
5 DECEMBER
2026



ASPED 2026

SCIENTIFIC PROGRAMME / Saturday 5 December 2026

SATURDAY / 5 DECEMBER 2026 | MORNING

07:00 - 08:15



Registration

08:15 - 08:30



Opening Ceremony

S1: Current and Future Paediatric Endocrine Care

08:30 - 08:50

The status of Diabetes Care in the Arab Region.

Mohamed Abdullah, Sudan

08:50 - 09:10

Diabetes Care 2035: A Global Perspective.

Linda Di Meglio, USA

09:10 - 09:30

Artificial Intelligence in Pediatric Endocrinology: from Promise to Practice.

Paul Dimitri, UK

09:30 - 09:45

Q&A

S2: Novel Therapies and Future Directions

09:45 - 10:05

Novel therapies in Metabolic Bone disease.

Agnes Linglart, France

10:05 - 10:25

Emerging therapies in adrenal disorders: from cortisol replacement to targeted therapy.

Nils Krone, UK

10:25 - 10:45

Emerging therapies in childhood obesity.

Hala Tfayli, Lebanon

10:45 - 11:00

Q&A

11:00 - 11:30



Coffee break

S3: Regional Research Spotlight

11:30 - 11:50

From Kuwait to the World: 15 years of pediatric diabetes registry research.

Dalia Al- Abdulrazzaq, Kuwait

11:50 - 12:10

Lipodystrophy in the Arab Region: Emerging data and insights.

Saif AlYaarubi, Oman

12:10 - 12:30

Screening for Type 1 Diabetes: initial data and challenges.

Reem Al-Khalifa, KSA

12:30 - 13:30



Lunch & Poster tours

ASPED 2026

SCIENTIFIC PROGRAMME / Saturday 5 December 2026

SATURDAY / 5 DECEMBER 2026 | AFTERNOON

13:30 - 15:00 / Interactive Grand Rounds

Expert opinion on a challenging case

HALL 1

13:30 - 14:00

GR1: HP Imaging

Moderator: Dalia Al-Abdulrazzaq, Kuwait

Case Presenter: Doha Alhomainah, Kuwait

Expert: Mohamad Maghnie, Italy

HALL 2

GR2: Growth

Moderator: Hala Tfayli, Lebanon

Case Presenter: TBC

Expert: Mehul Dattani, UK

14:00 - 14:30

GR3: Late effects of Cancer therapy

Moderator: Amir Babiker, KSA

Case presenter: Sultan Alhammad, KSA

Expert: Guftar Shaikh, UK

GR4: Thyroid

Moderator: Khalid AlNaem, KSA

Case Presenter: Hassan Eiidah, Palestine

Expert: Adnan Al-Shaikh, KSA

14:30 - 15:00

GR5: Rare Diabetes

Moderator: Ahmed El-Awah, Qatar

Case presenter: Hanan Al-Azkawi, Oman

Expert: Huseyin Demirbilek, Turkey

GR6: Diabetes Screening

Moderator: Wasfi Al-Abiari, UAE

Case Presenter: Bashir AlNaem, UAE

Expert: Nagia Attia, KSA

15:00 - 15:30



Tea break & Poster tours

15:30 - 16:15 / Debate 1 (plenary)

The Motion: an 11 yrs old 46XX CAH raised as a boy should continue as male.

For: Jamal Al-Jubeh, UAE

Against: Martine Cools, Belgium

16:25 - 17:10

S4: Technology in Diabetes

Chairs: TBC

S5: Adipose tissue

Chairs: TBC

16:25 - 16:45

Ahmed El-Awah, Qatar (Abbott)

Lipodystrophy.

Ahmed Al-Nahari, KSA (Chiesi)

16:45 - 17:05

Angham Al-Mutair, KSA (Insulet)

Hyperlipidemia.

Mohamed Al- Dubayee, KSA (Chiesi)

Q & A

DAY 2
SUNDAY
6 DECEMBER
2026



ASPED 2026

SCIENTIFIC PROGRAMME / Sunday 6 December 2026

SUNDAY / 6 DECEMBER 2026 | MORNING

S6: Pituitary in focus

08:30 - 08:50	Novel insights in hypopituitaris. <i>Mehul Dattani, UK</i>
08:50 - 09:10	LAGH in children: from clinical trials to clinical practice. <i>Bassam Bin Abbas, KSA</i>
09:10 - 09:30	Central DI: diagnostic challenges and advances in management. <i>Mohamed Maghnie, Italy</i>
09:30 - 09:45	Q&A 15 min

S7: Syndromic Growth Disorders

09:45 - 10:05	Turner syndrome: optimizing growth and puberty. <i>Rasha Hamza, Egypt</i>
10:05 - 10:25	Prader-Willi syndrome: Comprehensive endocrine/metabolic care. <i>Gufter Shaikh, UK</i>
10:25 - 10:45	Achondroplasia: from natural history to targeted therapy. <i>Maha Faden, KSA</i>
10:45 - 11:00	Q&A

11:00 - 11:30



Coffee break

11:30 - 12:30 / Debate 2

11:30 - 12:30	The Motion: Puberty suppression for height gain is useful in non-precocious puberty conditions <i>For: Abdulmoein Al-Agha, KSA</i> <i>Against: Walid Kaplan, UAE</i>
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12:30 - 13:30



Lunch & Poster tours

ASPED 2026

SCIENTIFIC PROGRAMME / Sunday 6 December 2026

SUNDAY / 6 DECEMBER 2026 | AFTERNOON

13:30 - 15:00 / Interactive Grand Rounds

Expert opinion on a challenging case

HALL 1

13:30 - 14:00

GR7: CAH

Moderator: Areej Ibrahim, KSA

Case Presenter: Mena Momen, Egypt

Expert: Nils Krone, UK

HALL 2

GR8: Calcium Disorders

Moderator: Yasmine Ouarezki, Algeria

Case Presenter: Nadira Rouabah, Algeria

Expert: Agnes Linglart, France

14:00 - 14:30

GR9: DSD

Moderator: Faten Ben-Rajab, Libya

Case Presenter: Ahlam Elflew, Libya

Expert: Martine Cools, Belgium

GR10: Neonatal Bone Disease

Moderator: Noura AL-Mutliq, KSA

Case Presenter: TBC

Expert: Linda DiMeglio, USA

14:30 - 15:00

GR11: Puberty

Moderator: TBC

Case Presenter: Ridwan Attia, Tunisia

Expert: Millad Ghawel, Libya

GR12: Brittle Diabetes

Moderator: Najwa Abdulhaq, Palestine

Case Presenter: Dalia Bakhtiar, Iraq

Expert: Sima AlKhalalkeh, Jordan

15:00 - 15:30



Tea break & Poster tours

15:30 - 16:15

Oral communications 1

5 X 8 +2 min Q&A (Selected from the submitted abstracts) Chairs: TBC

Oral communications 2

5 X 8 +2 min Q&A (Selected from the submitted abstracts)

Chairs: BC

16:25 - 17:10

S8: Diabetes & Ramadan

Chairs: TBC

Oral communications 3

5 X 8 +2 min Q&A

Chairs TBC

16:25 - 16:45

Should children with diabetes allowed to fast during Ramadan?

Mohamed Abdulljabar, KSA

16:45 - 17:05

Metabolic changes during Ramadan fasting.

Ines Khohtali, USA

Q & A

DAY 3
MONDAY
7 DECEMBER
2026



ASPED 2026

SCIENTIFIC PROGRAMME / Monday 7 December 2026

MONDAY / 7 DECEMBER 2026 | MORNING

S9: Pediatric Thyroid disease

08:30 - 08:50	Congenital hypothyroidism in 2026: What is New? <i>Olca Evliyaoglu, Turkey</i>
08:50 - 09:10	Pediatric Thyroid nodule & Cancer. <i>Ali Alzahrani, KSA</i>
09:10 - 09:30	Pediatric Thyroid Cancer: Lessons from the Omani experience. <i>Aisha Al-Senani, Oman</i>
09:30 - 09:45	Q&A

S10: Congenital Hyperinsulinemia (CHI): From Advances to Real-World Practice:

09:45 - 10:05	CHI in 2026: World expert keynote overview. <i>K. Hussain, Qatar</i>
10:05 - 10:25	CHI in Algeria: Challenges and Emerging Experience. <i>Yasmine Ouarezki, Algeria</i>
10:25 - 10:45	CHI in Egypt: Insight from Clinical Practice. <i>Wafa Laymon, Kuwait</i>
10:45 - 11:00	CHI in Saudi Arabia: Experience from a Specialized Centre. <i>Ohud Al-Zahrani, KSA</i>
	Q&A

11:00 - 11:30



Coffee break

S11: Novel therapies and digital solutions

Paul Dimitri, UK (Merck)

Title TBC

Zulf Mughal, UAE (Kyowa Kirin)

Title TBC

Q & A

12:15 - 12:30



Closing remarks & Awards

12:30



Lunch and Goodbye

S= Symposium

IGR = Interactive grand round

OC = oral communications



    
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