



7th ARAB SOCIETY FOR PEDIATRIC ENDOCRINOLOGY & DIABETES (ASPED) CONFERENCE

5-6-7 DEC. 2026

CROWNE PLAZA RIYADH RDC HOTEL



FOR MORE INFORMATION
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Day 1 (5 Dec. 2026)

08:00 - 08:30

REGISTRATION

08:30 - 08:40

Abdelhadi Habeb SA

WELCOME & HIGHLIGHTS OF THE PROGRAM

08:45 - 09:15

OPENING LECTURE

25 MIN + 5 MIN Q&A

Chair: Raha Hamza EG

- The unique face of ASPED Endocrinology

Asma Deeb AE

09:15 - 10:30

Coffee Break

10:30 - 12:00

SYMPOSIUM 1: DIABETES

4 x 20 MIN

Chairs: Abdulaziz Al-Twaim SA | Ibrahim Al-Alwan SA

S1- How common is childhood diabetes in the ASPED region?

Mohamed Abdullah EG

S2- The challenges of establishing a National Diabetes Registry

Hessa Habib QA

S3- Prevention of T1D: dream or reality?

Nancy Elbarbary EG

S4- Screening for T1D: experience from the region

Reem Al-Khalifa SA

10 MIN

Panel Discussion

12:00 - 13:00

Coffee & Prayer

13:00 - 14:30

(HALL A)

HOW DO I MANAGE (1)

(3 × 20 + 5 MIN)

Chairs: Elham Al-Amiri AE | Monja Soussou TN

- Precocious Puberty

Ibrahim Alwan SA

- Unusual thyroid results

Gutfar Shaikh GB

- Polycystic ovarian syndrome

Hala Tiyali LB

(HALL B)

ORAL COMMUNICATION (1)

(6 × 10 + 5 MIN Q&A)

Chairs: Talat Mushtaq GB | Ghaya Al-Quraini SA

- Familial Pediatric T1D during the COVID-19 pandemic in Kuwait

Dalia Al-Abdulrazzaq et al KW

- The Impact of COVID-19 Pandemic on the incidence of childhood Type 1 Diabetes in Madinah

Ibrahim Bali et al SA

- Effectiveness of Burosumab on children with XLH: A Prospective Single-Center Study

Aihanoud Aljasser et al SA

- The Impact of long-acting Somatrogen on Prepubertal Children with GHD: A Real-World Study

Mohamed Awad et al AE

- Efficacy of Whole Exome Sequencing in the diagnosis of Idiopathic Short Stature

Sara Aljazeera et al SA

- The iPhone Measure app as a measuring device for children height: a reliability study

Reham Ghanim et al AE

14:30 - 16:00

Lunch, Prayer

16:00 - 17:30

(HALL A)

ENDO GRAND ROUND 1

(4 × 10 + 10 MIN)

Chairs:

Mohamed Abduljabar SA

Amal Aljohani SA

CASE PRESENTERS

- Cushing syndrome

Asmahane Ladjouze DZ

- Hypoglycemia

Khalid Salim EG

- Diabetes

Milad Gwail LY

- Lipodystrophy

Saif Al-Yarubi OM

PANELLISTS

Mohamed Abdullah

Talat Mushtaq

Asma Deeb

Khalid Hussain

(AL FAYROOZ HALL)

DIABETES TECHNOLOGY

(3 × 20 + 5 MIN)

Chairs:

Sahar Meghani SA

Ahmad Al-Hasi SA

- Update on insulin pump therapy

Ahmad Elawa EG

- Hands on experience with CGM

Najiya Alia SA

- Challenging cases

Naweed Al-Zaman SA

Day2 (6 Dec. 2026)

08:30 - 10:00

NOVEL INSIGHTS INTO PAEDIATRIC ENDOCRINOLOGY

(3 × 25 + 5 MIN Q&A)

Chair: Mohamed AL-Maghamsi SA | Nancy Elbarbary EG

- New and Emerging Therapies for Rare Bone Diseases
Zulf Mughal GB
 - Recent advances in the mechanism and treatment of congenital hyperinsulinemia
Khalid Hussain QA
 - Childhood Obesity: Can pharmacotherapy be the answer?
Rasha Hamza EG
-

10:00 - 10:30

Coffee Break & Poster Tour

10:30 - 12:00

SYMPOSIUM 2: BONE HEALTH

(4 × 20 MIN)

Chairs: Zulf Mughal GB | Bossam Bin Abbas SA

S6- Vitamin D, not just about bone

Adnan Al-Shaikh SA

S6- Bone health in chronic disorders

Fahad Al-Juraibah SA

S7- XLH beyond the clinic: patient's experience & data collection

Afaf Al-Saghier SA

S8- How can a routine ALP test trigger the diagnosis of a rare bone disease

Abdulmajeed Al-Subaiheen SA

10 MIN

Panel Discussion

12:00 - 13:00

Coffee & Prayer

Poster tour Chairs

Khaled Al-Harbi SA | Jumana Abulkasim SA

13:00 - 14:30

(HALL A)

HOW DO I MANAGE (2)

(3 × 20 + 5 MIN)

Chairs: Haya AlKhayat QA | Eman Badawood SA

- Diabetes insipidus

Talat Mushtaq GB

- Type 2 Diabetes in children & adolescents

Sarah Elshikh AE

- Hyperlipidemia

Mohamed Al-Dubayee SA

14:30 - 16:00

Lunch, Prayer

Poster tour Chairs

Khaled Al-Harbi SA | Ghaya Al-Qurainis SA

16:00 - 17:30**ENDO GRAND ROUND 2**

(4 × 10 + 10 MIN)

Chairs: Areej Ibrahim SA | Afnan Turkistani SA

CASE PRESENTERS

- DSD

Abdullah Al-Faris SA

- Mini Puberty in preterm

Abdulsalam Abu Libdeh JO

- Thyroid

Sana Kmiha TN

- Pituitary

Rasha Odah JO

PANELLISTS

Guftar Shaikh

Ibrahim Al-Alwan

Rasha Hamza

Mohamed Abduljabbar

Day3 (7 Dec. 2026)

08:30 - 09:15

SYMPOSIUM 3:

ENDOCRINE LATE EFFECTS OF CANCER THERAPY

(20 + 15 + 5 MIN Q&A)

Chair: Sarah Eltishan EG | Rasha Odah JO

- Introduction & European experience

Guftar Shaikh GB

- Experience from the ASPED region

Amir Babiker SA

10 MIN

Panel Discussion

09:15 - 10:10

STATE OF THE ART GUIDELINES

(2 × 20 + 5 MIN Q&A)

Chair: Abdelaziz Elamin SA | Abdulla Al Harbi SA

- Acute adrenal failure

Talat Mushtaq GB

- GHD during transition

Angham Al-Mutair SA

10:00 - 10:30

Coffee Break

10:30 – 12:00

DIGITAL MEDICINE

(3 × 20 MIN)

Chairs: Ibrahim Bali SA | Ahmed Abdulghader SA

- Adherence & long-term growth outcomes from the EasyPOD connect study

Bossam bin Abbas SA

- Transforming diabetes care through artificial intelligence: AI and diabetes retinopathy

Selwa Al Hazzaa SA

- Telemedicine: benefits & regulations

Mohamed Al-Harbi SA

ORAL COMMUNICATION (2) 12:00 – 13:00

(6 × 10 + 5 MIN Q&A)

Chairs: Guftar Sheikh GB | Muhammad Abdulshakoor PK

- The effectiveness of adolescent health care clinic in the transition from pediatric to adult health care

Najwa Attia et al EG

- Ten-year follow up for a child with non-lethal form of Raine Syndrome

Hanan Al-Azawi et al AE

- Androgen excess and the severity of metabolic dysfunction

Wogud Ben Said et al GB

- The Impact of Sleep Quality and Metabolic Control in Children with Type 1 Diabetes: A Prospective Cohort Study

Sara Al Ghamdi et al SA

- Incidence, Phenotypes, and Genotypes of Neonatal Diabetes in Sudan: A 16-Year Experience

Samar Hassan et al SD

- Genetic and clinical characterization of primary adrenal insufficiency in Large Sudanese children cohort

Salwa Musa et al SD

13:05 - 13:30

Coffee Break

DEBATE 13:30-14:10

(15+15+10 MIN Q&A)

Chair: Asma Deeb AE

Long-acting growth hormone should be recommended for all children with Growth Hormone Deficiency.

Abdulmoein AL-Agha

For

Abdulmoein AL-Agha

(15 MIN)

Against

Walid Kaplan

(15 MIN)

10 MIN

Voting & Comments

Closing